



Dear parents and caregivers,

My name is Siham Akhlafa and I coordinate the After School Activities Program (ASAP) for Kind & Co. I work at the BSO Anne Frank. Please feel free to contact me whenever you have nice ideas or suggestions.

How does this work?

The ASA's are accessible to all children who go to the ISUtrecht, OBS Anne Frank, BSO Anne Frank. They take place at the International School, Anne Frankschool gym, and are facilitated by adept teachers. The activities are offered in blocks lasting several weeks. It is only possible to attend a whole course (block), participating in separate classes on the same day is not possible. During the school year there are blocks that each have their own registration round.

Registration is done digitally on www.kmnkindenco.nl/asaputrecht.

All admitted children will receive a confirmation message (max 10 per class). Children who unfortunately cannot be placed, will be put on a waiting list and receive a message that will give them priority the next time. Payment is done through IDEAL via a digital form. If you have problems with the registration, please contact me by email.

Children already going to the BSO

Does your son/daughter already attend the BSO on the day of one of the after-school activities? Then you will receive a discount on the registration fee. The BSO teachers will take care of the supervision during relocation between the activities and the BSO.

Registration is possible from 24 – 30 January.

**Start week March 6, 7 and 9
End week May 22, 23 and 25**

www.kmnkindenco.nl/asaputrecht

For questions and/or suggestions you can contact Siham Akhlafa on s.akhlafa@kindenco.nl or 06-10674382



Creative Painting

Hello everyone.

If you have always wanted to paint, come and join me!

Who knows, maybe there will be a Rembrandt, Vincent v Gogh or Gustav Klimt in you.

I would like to search with you, for the hidden artist in you.

Sign up and join in!

Age	8-12
Data	Monday: March: 6, 13, 20, 27 April: 3, 17 May: 8, 15, 22
Time	15.15 - 16.15
Location	ISUtrecht
Cost	€115 / BSO €90



Drawing and painting

All my life I paint hearts. It is the most beautiful thing we have because without a heart we cannot live, nor can we live without Love! Paint with acrylic on linen, make a lot of collages and put works in a plexiglass cabinet.

I love working with lots of colour, butterflies, painting life-sized plastic animals such as cows, dogs, cats and more.

I collect things, keep everything and that could be a shell someone gave me once or a handwritten letter or card. I still have them from when I was little. I also make a lot of work on commission and then people sometimes deliver their loved one's stuff and then I make a special heart out of it. Everything has a nice personal and own story.

I want to make people happy with my work.

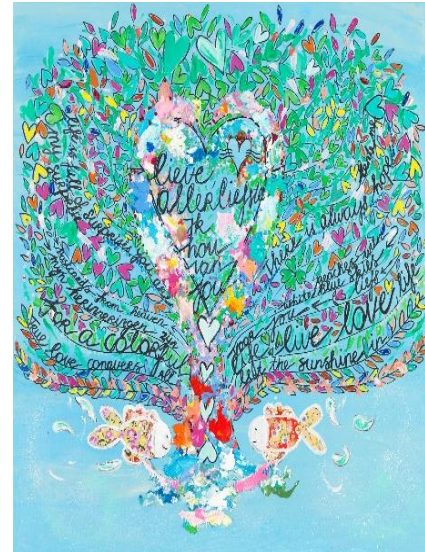
Age **8-12**
Data Tuesday:
March 7, 14, X, 28
April 4, 11, 18
May 9, 16, 23

Time 15.15 - 16.15
Location ISUtrecht
Cost € 135 BSO €107

OR

Data Thursday
March 9, 16, 30
April 6, 13, 20
May 11, 25

Time 14.45 - 15.45
Cost €108 / BSO €85



Professor Loep

Professor Loep comes on location with suitcases full of materials, inspiration, and pleasure. Put on the green lab coat, roll up your sleeves and get going.

1. Electramagy; Here we become acquainted with the electrical circuit, and we make our own project where one or more components work on electricity. Sometimes it is a nerve spiral or drawing robot and perhaps our own electro game.
2. Build masters; Here we become acquainted with various tools and techniques, and we make our own structure from wood or free material. Sometimes it is a planter or bird house or maybe your own wooden car.
3. The Great Artists; Here we get to know different, sometimes somewhat unknown, artists to be inspired and create our own artwork. Sometimes we make a digital artwork, then a mixed media artwork or just your own self-portrait from special materials.

Age	8-12
Data	Tuesday: March 7, 14, 21, 28 April 4, 11, 18 May 9, 16, 23
Time	15.15 - 16.15
Location	ISUtrecht
Cost	€250 / BSO €200



Hands-on Science Workshops!

In this challenging series of workshops for 9+, we will discover the intriguing world of chemistry, physics, and mechanics.

Every lesson, we will start with some theory and demonstrations, proceed to do some experiments and we might finish by making a little product to take home.

As an example, here's a short overview of a chemistry workshop and an electricity workshop:

We will first give a demonstration of different liquids floating upon each other without mixing. This phenomenon will be explained by giving a brief introduction to densities and hydrophobic liquids.

Next, the pupils themselves will make a pile of 7 different liquids.

Finally, we make a fragrant and nourishing two-layered bath oil to take home.



In the physics workshops about electricity, a lot of small experiments about static electricity will be done, and electric circuits will be explored. There's the possibility to make a little 'brush bot' to take home.

Other subjects include chromatography, energy, bouncing balls, bath bombs, wire crafting (aluminium vs iron vs silver), recycling, time, etc.

Scheikundejuf.nl

Age	8-12
Data	Thursday: March 9, 16, 23, 30 April 6, 13, 20 May 11, 25
Time	14.45 - 15.45
Location	ISUtrecht
Cost	€194/ BSO €155



Creatief

Fun crafts

If your children want to experience true creativity and collaboration, consider joining this club. We partake in fun art & design activities that allow children to develop fine motor skills and flourish their creative spirits. They'll get opportunities to use different types of materials to make beautiful art.



Age **4-7**
Data **Monday:**
March 6, 13, 20, 27
April 3, 17
May 8, 15, 22

Time 15.15 - 16.15
Location ISUtrecht
cost €120 /BSO €95

Data **Tuesday:**
March 7, 14, 21, 28
April 4, 11, 18
May 9, 16, 23

Time 15.15 - 16.15
Cost €132 / BSO €106

Data **Thursday:**
March 9, 16, 23, 30
April 6, 13, 20
May 11, 25

Time 14.45 - 15.45
Cost €120 /BSO €95

Kids yoga

Would you like to go on a magical adventure? Let's travel the world and stay close to ourselves at the same time. I'll bring nature in, and we'll be creative with all sorts of materials. Animals and music play an important role during class. Sometimes we'll even play exotic instruments ourselves, all of which I brought back from my own travels. We'll learn to be aware and to listen to our own body and mind, as well as to those of others and stories told. Movement will be playfully alternated with relaxation. Wonderment and fun will be at the forefront of our sessions!



I'm looking forward to seeing you soon!

Noermi
(www.noermi.com)

Age	4-7
Data	Monday March 6, 13, 20, 27 April 3, 17 May 8, 15, 22
Time	15.15 - 16.15
Location	ISUrecht
Cost	€120 / BSO €95

Young Engineers

Young Engineers believes in education through play. Our Big Builders unique enrichment program introduces pre-school aged children to scientific concepts through hands-on experiential learning.

We hope that establishing this connection between knowledge and fun at such a young age will set our participants up for a lifetime of learning and creating.

Our Big Builders will construct 3D models using flexible parts. Students will receive kits complete with building tools and parts exclusively made by Young Engineers for our Big Builders program. These activities will gradually challenge participants, to advance their fine and gross motor skills.

This enrichment program will expose our builders to engineering terminology. In addition, students will be familiarized with simple concepts such as the animal kingdom, scientific principles, and their everyday surroundings.

Through their play with co-builders, our young scholars will advance their interpersonal communication and will gain confidence about his/her own ability to discover and invent.

Age	4-7
Data	Tuesday: March 7, 14, 21, 28 April 4, 11, 18 May 9, 16, 23
Time	15.15 - 16.15
Location	ISUtrecht
Cost	€310 / BSO € 260



Move Your Feet

Step in the world of Glitter 'n Glamour and Dance like a Star as in Dancing with the Stars! An awesome Samba, mesmerizing Waltz, stunning Tango, captivating Jive, or exciting Cha Cha Cha. Students will learn it all, and more, in our Ballroom Standard and Latin Dance Sport club here at ISU from March 7th. Our class helps to improve body-posture, balance, and coordination, develops a great feeling for rhythm and music and teaches about etiquette and teamwork. We start with the basics and each week we learn new steps. At the end of the season students can dance full choreographies in pairs and test their skills in our Diploma Dance Show for the parents to come and see!"

Age	4-7
Data	Tuesday March 7, 14, 21, 28 April 4, 11, 18 May 9, 16, 23
Time	15.15 - 16.15
Location	Anne Frankschool
Cost	€185 / BSO €150

Monkey Moves

Are you willing to go on an adventure?

In the lessons we will move and play, and you will get acquainted with different sports such as free running, football, gymnastics, handball, judo, or rugby! We start each lesson with moving to music and there is always a climbing and scrambling course available.

Monkey Moves teaches children a lifetime of healthy exercise. Monkey Moves offers multisport lessons as a tool for fit self-reliant children with a positive self-image! The program aims to optimally stimulate children on a motor and social level. During the lessons, children learn skills associated with different sports, such as catching and throwing, jumping and landing, climbing and clambering.

Age	4-7
Data	Tuesday March 7, 14, 21, 28 April 4, 11, 18 May 9, 16, 23
Time	15.15 - 16.15
Location	Anne Frankschool
Cost	€210 / BSO €180